



### Examples for Guidance Only

Pain Level 1	Pain Level 2	Pain Level 3	Pain Level 4	Pain Level 5
Mosquito bite Poison Ivy Itch	Lightly Pinching Fold of Skin Between Thumb/1st Finger	Accidental Cut Doctor's Office Shot	Avg. Toothache Bee Sting Really Hard Pinch of Skin Between Thumb/1st Finger	Sprained Ankle Mild Back Pain
Pain Level 6	Pain Level 7	Pain Level 8	Pain Level 9	Pain Level 10
Bad Non-Migraine Bad Back Pain	Difficult to Concentrate  Avg. Migraine	Physical Activity Severely Limited  Childbirth Horrible Migraine	Unable to Speak- Crying/Moaning Uncontrollably	Unconscious- Pain makes you pass out  Crushed Hand in Hydraulic Press